

**EXECUTIVE SUMMARY**  
**Missouri Mental Health Commission Meeting**  
**June 11, 2009**  
**via Video Conference locations:**

**Department of Mental Health**  
**1706 East Elm Street—Conference Rooms A/B**  
**Jefferson City, Missouri**

**St. Louis Psychiatric Rehabilitation Center**  
**5300 Arsenal—Administration Building**  
**St. Louis, Missouri**

**Western Missouri Mental Health Center**  
**1000 East 24th Street—Rooms 5E—7 & 8**  
**Kansas City, Missouri**

---

**PRESENT**

Beth Viviano, Chair  
Patricia Bolster, M.D.  
Kathy Carter  
David Vlach, M.D.  
Joann Leykam  
Dennis Tesreau

**Department of Mental Health**

Keith Schafer, Department Director  
Lynn Carter, Deputy Director  
Mark Stringer, ADA Director  
Bernie Simons, DD Director  
Felix Vincenz, CEO, CPS  
Monica Hoy, Director's Office  
Bob Bax, Director's Office  
Brent McGinty, Administration  
Leigh Gibson, Office of Consumer Safety  
Jan Heckemeyer, DMH Administration  
Audrey Hancock, Director's Office  
Cathy Welch, Director's Office  
Benton Goon, MIMH  
Rikki Wright, General Counsel  
Virginia Rowe-Pearson, ITSD Director

Laurie Epple, Division of ADA  
Jeff Grosvenor, Division of DD  
Debbie McBaine, Division of ADA  
Vickie Epple, Office of Transformation  
Bianca Arrington-Madison, Division of ADA  
Tec Chapman, Division of DD  
Zach Pollock, Director's Office  
Rhonda Haake, ITSD  
Susan Pritchard-Green, MO PCDD  
Molly Boeckmann, OA Budget & Plng  
Erica Stephens, MO Prot & Advocacy  
Tim Swinfard, MO CMHC

**Western Missouri Mental Health Center**

Dick Gregory, Western Region CEO  
Diane Mack, Parent

**St. Louis Psychiatric Rehabilitation Center**

Judy Finnegan, Office of Child MH  
Laurent Javois, Eastern Region CEO  
Virginia Selleck, Division of CPS  
Greg Kramer, MARF, St. Louis

| TOPIC/ISSUE  | DISCUSSION   |
|--|--|
| <b>BUDGET COMMITTEE</b>  | <ul style="list-style-type: none"> <li>Commissioner Kathy Carter convened the Mental Health Commission Budget Subcommittee at 9:00 a.m. on June 11, 2009 in Conference Room B at Department of Mental Health in Jefferson City. Jan Heckemeyer and Brent McGinty of the Department of Mental Health Office of Administration presented an update on the FY 2011 budget and provided information on GR Mandatories/Infrastructure NDIs vs Remaining GR DMH NDIs for the last four fiscal years, and a preliminary list of FY 2011 new decision items for consideration and discussion.</li> <li>Keith Schafer presented information on four issues affecting the DMH SFY 2011 Budget Development Process: <ul style="list-style-type: none"> <li>High potential for additional DMH 2011 core cuts</li> <li>The evolving crisis of individuals with mental illness inappropriately placed in locked nursing home settings</li> <li>Emmaus and provider rate inequities</li> <li>Inclusion of discretionary items in the DMH SFY 2011 core budget requests.</li> </ul> </li> <li>Keith gave background and discussion was held on the issue of equity in provider rates and the process of increasing those rates. The Commissioners requested that Bernie Simons provide them with information showing comparisons of rates for DD providers in the St. Louis area. Bernie will get that to them within a week. Further discussion will be held on the budget process in upcoming meetings.</li> </ul> |
| <b>CALL TO ORDER/<br/>INTRODUCTIONS</b><br><br><b>APPROVAL OF<br/>MINUTES</b>  | <ul style="list-style-type: none"> <li>Beth Viviano, Chair, called the Missouri Mental Health Commission Meeting to order at 10:00 a.m. on June 11, 2009. The meeting was held via video conference at Department of Mental Health, Conference Room B, 1706 East Elm Street, Jefferson City; St. Louis Psychiatric Rehabilitation Center, 5300 Arsenal, St. Louis; Western Missouri Mental Health Center, 1000 East 24th Street, Kansas City. Introductions were made.</li> <li>Kathy Carter made a motion to approve the Minutes of the May 14, 2009 Mental Health Commission Meeting. Patricia Bolster seconded the motion and the Minutes were approved.</li> <li>The Nominating Committee of Dr. Patricia Bolster and Dennis Tesreau announced the nomination of Beth Viviano to serve as Chair, and David Vlach to serve as Secretary for the next year. There was no discussion. Commissioners will vote at the July 9, 2009 meeting and officers will begin serving at that time.</li> </ul>  |
| <b>EASTERN<br/>REGION'S ACCESS<br/>TO BEHAVORIAL<br/>HEALTH TASK<br/>FORCE</b> | <ul style="list-style-type: none"> <li>Laurent Javois, DMH Eastern Region CEO, introduced Robert Fruend, Regional Health Commission CEO. Rob gave background and explained the establishment and organizational structure of the Regional Health Commission. Formed in 2001, they are a 19 member network of individuals with responsibility and commitment to improve health in St. Louis. He gave an overview of the <i>Eastern Region Behavioral Health Initiative</i> and provided a report of the three phases of the project, progress to date, and next steps.</li> </ul>   |

| TOPIC/ISSUE                 | DISCUSSION   |
|-----------------------------|--|
|                             | <ul style="list-style-type: none"> <li>○ Phase I: Behavioral Health Initiative Vision <ul style="list-style-type: none"> <li>▪ Guiding Principles—client centered, collaboration, vision, advocacy, awareness, accountability</li> <li>▪ Key Components of Transformed System—Integrated Healthcare System that promotes: seamless navigation, effective case management, offering an array of treatment options, recovery that provides balance between independence and support.</li> </ul> </li> <li>○ Phase II: Implementation Priorities <ul style="list-style-type: none"> <li>▪ Coordinating Care for High-Utilizers Milestones</li> <li>▪ Improving Entry Milestones</li> <li>▪ Reducing Stigma and Increasing Cultural Competency Milestones</li> <li>▪ Community Input</li> </ul> </li> <li>○ Phase III: Increasing Access to Services <ul style="list-style-type: none"> <li>▪ 3 components: transition 2008 Phase II initiatives, develop transparent reporting process on access, develop recommendations to improve access</li> <li>▪ Funded by MO DMH, Office of Transformation, regional providers and advocacy organizations, Mental Health Board, Regional Health Commission</li> </ul> </li> <li>● Task Force Progress to Date <ul style="list-style-type: none"> <li>○ Approved Guiding Principles</li> <li>○ Confirmed five Key Focus Areas</li> <li>○ Adopted Four Quadrants Model</li> <li>○ Approved 14 Recommendations on Integration</li> </ul> </li> <li>● Task Force Next Steps <ul style="list-style-type: none"> <li>○ Address remaining four Focus Areas</li> <li>○ Obtain community perspective through community input forums, focus groups, RHC advisory boards</li> <li>○ Task Force will keep the Mental Health Commission apprised of activities and progress.</li> </ul> </li> </ul> |
| <b>PUBLIC COMMENT</b>       | There were no Public Comments.   |
| <b>PERFORMANCE MEASURES</b> | <ul style="list-style-type: none"> <li>● Beth Viviano gave background of the DMH Performance Measures and noted that the three Divisions will continue to measure these on a quarterly basis, but asked Commissioners for input on these being presented to them on an annual basis. It was the consensus that the Commissioners continue to receive this report on a quarterly basis, but it will be reported to the Commission on an annual basis at the regular February meeting. Benton Goon presented an update on the Performance Measures changes from February 2009.</li> <li>● Benton met with Commissioners Viviano and Bolster to review entire set of slides, and met with Keith Schafer and each Division Director, resulting in several changes from the February report.</li> </ul>   |

| TOPIC/ISSUE | DISCUSSION  |
|-------------|---|
|             | <ul style="list-style-type: none"> <li>○ Changed Inpatient and Community Injuries from percentage to raw numbers and from stacked to side-by-side chart.</li> <li>○ For most Inpatient and Community slides related to same subject within a Division, using same scale for charts.</li> <li>○ Added slides displaying length of time from incident discovery to final determination on potential consumer abuse.</li> <li>○ Based on February discussion, removed verbal abuse from Community abuse reporting since the large majority of those fall under employee misconduct instead of abuse.</li> <li>○ Left Inpatient and Community Discharges charts same as in February but will discuss “Other” category and determine how better to display in future slides.</li> <li>○ CPS Inpatient Medication Errors chart scale was changed to “per 100 patient days” to be consistent with Community Slide.</li> <li>○ Minimal medication errors were removed from CPS Inpatient and Community Medication Error charts.</li> <li>○ On CPS Inpatient Restraint and Seclusion Use chart, there was a question regarding whether there is a national benchmark for youth restraint and seclusion. There is not one.</li> <li>○ On CPS and DD Inpatient Staff Injury charts a line was added to display the average percent staff injuries per month for the other division.</li> <li>○ Removed DD Habilitation Center Youth Medication Screens chart because the report is no longer produced.</li> <li>○ Changed name of DD Consumers Readmitted to Hab Centers chart to DD Consumers Readmitted to Hab Centers after Transition to Community.</li> <li>○ Charts reporting DD Consumers with Behavior Support Programs, Self Injurious Behavior Programs and Physical Aggression Programs were changed to raw numbers rather than percentages.</li> <li>○ Removed ADA Community 24*7 Mortality Rates chart because data not meaningful.</li> <li>○ Several ADA chart bars changed from red to other color because red tended to connote negative result.</li> <li>○ A text box was added to the ADA Babies Born Drug Free chart regarding the number of reported drug affected births in 2006 to give some context.</li> <li>○ A text box was added to the ADA Children returned to Custody chart regarding the number of children removed from their family due to substance abuse in 2008 for some context.</li> <li>○ Unstacked most stacked charts for better readability.</li> <li>○ Changed charts in CPS and DD from Mortality Rates to Average Age of Death and combined inpatient and community on one chart for easier interpretation.</li> <li>○ Added several definitions and other footnotes to clarify data.</li> <li>○ Client injury charts now display injuries by category.</li> <li>○ Revised chart related to Consumers Readmitted to Habilitation Centers to clarify the data.</li> <li>○ CPS split combined chart for Restraint/Seclusion into two charts to show Adult and Youth restraints and seclusions.</li> <li>○ DD began reporting chemical restraints.</li> <li>○ ADA re-categorized discharges.</li> </ul> |

| TOPIC/ISSUE            | DISCUSSION   |
|------------------------|--|
|                        | <ul style="list-style-type: none"><li>Representatives from the three Divisions reviewed each of the changes for their division in more detail.</li></ul>   |
| <b>FUTURE MEETINGS</b> | The next Mental Health Commission Meeting is the Annual Meeting scheduled for July 8-9, 2009 at Cedar Creek Conference Center at New Haven, Missouri.  |
| <b>ADJOURN</b>         | <p>Patricia Bolster made a motion that the meeting adjourn. David Vlach seconded the motion. The Mental Health Commission adjourned at 1:30 p.m.</p> <p>Approved July 8, 2009</p> <hr/> <p>Beth Viviano, Chair</p> |